

# CORPUS CHRISTI MARATHON CLUB POLICIES AND PROCEDURES

## MARATHON CLUB GOALS:

- To promote a lifelong love of fitness.
- Encourages kids to challenge themselves to complete a goal by walking or running a mile once weekly until they reach 26.2 miles (marathon distance).
- To build friendships through exercise.
- To enjoy the benefits of outdoor exercise.

## WEATHER POLICY:

The weather policy is to cancel if there is rain, snow, icy sidewalks or it “feels like” 27 degrees or below. Cancellation is subject to the judgement of the Marathon Committee. Please check your email anytime temperatures are in the low 30s or below, or the conditions seem treacherous. Cancellations will also be made in the event of strong wind gusts and lack of parent volunteers. Cancellations will come via email by 1:30pm on Mondays.

## VOLUNTEERS - ALL VOLUNTEES MUST BE VIRTUS TRAINED.

Our volunteers are critical to the success of Marathon Club. It is about a 45 min commitment immediately after school. Our volunteers help to supervise the children while they are running and making sure they are safe. We cannot ensure the safety of the children without an adequate number of volunteers. Please consider helping if you are available.

## COMMUNICATIONS:

Please include your email address on the consent form; that is the primary communication tool from Marathon Club members to you. If there are other emails to add for your child, please let us know, so that we can make sure all parents are included on the communication. Please be sure to check your email on Mondays in case of adverse weather.

## CLOTHING:

Students are to wear their uniforms to Marathon Club.

## SAFETY AND BEHAVIOR POLICY:

- Please remind your children to **check in to grab their lanyard** before starting **and turn in their lanyard** when they finish. Volunteers will be there to assist them.
- Wear appropriate shoes! No flip flops or hard sandals for the safety and comfort while running.
- The route is staffed by parent volunteers and cannot happen without their help. Safety is our biggest concern and volunteers will be spaced along the route so that children may be seen at all times.
- If a child is showing disrespect for others on the path or not following safety guidelines, the child and parent will be notified. Severe offenses may result in the child not being able to participate.
- A severe offense would occur if the child left the route without notifying the committee or a parent volunteer. All children will need to be accounted for at all times.
- Children will be asked to wear a lanyard around their neck to help with identification.
- It can be cold and windy here in Kansas. Please dress for the weather appropriately. Layers are best. Inappropriate attire may result in your child not participating.
- **ABSOLUTELY NO USE OF CELL PHONE OR IPODS BY CHILDREN DURING RUN.** This is for several reasons: we do not want children distracted and this is a time where kids can be away from their electronics and enjoy a fun activity outdoors.

Please contact Meghan Larkin,  
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